

Good Faith Estimate

You have the right to receive a “Good Faith Estimate” explaining how much your mental health care will cost.

Under the law, health care providers need to give **patients who don't have insurance or who are not using insurance** an estimate of the bill for medical items and services.

- You have the right to receive a Good Faith Estimate for the total expected costs.
- Make sure your health care provider gives you a Good Faith Estimate prior to your service or appointment. You can also ask your health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule an item or service.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.
- Make sure to save a copy or picture of your Good Faith Estimate. For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises

FOR THOSE WITH INSURANCE IT IS YOUR RESPONSIBILITY TO VERIFY COVERAGE AND BENEFITS.